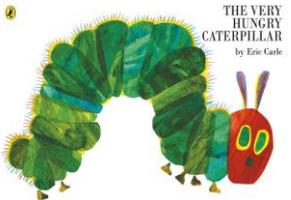
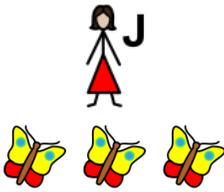
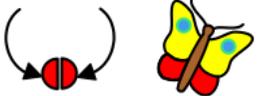


Monday 1st June 202
Reception Homeworking Tasks

We hope you had a restful week off! This half of the term we are going to be exploring Mini Beasts! This week the book we are focusing on is 'The very hungry Caterpillar' by Eric Carle. We hope you enjoy today's activities. We miss you, From Monica and Kimberley 😊

<p>Read the book 'The very hungry Caterpillar ' by Eric Carle</p> 	<p>Visit the Butterfly Garden in Australia</p> 	<p>Visit Jess and find out more about butterflies</p> 	<p>Can you dance like a butterfly?</p> 	<p>With an adult can you find out and write some facts about caterpillars?</p> 
<p>Butterflies wings are symmetrical – they have the same pattern on both sides. Can you play this symmetry game?</p> 	<p>Practice some Phonics.</p> 	<p>Do some exercise with Joe the Body Coach.</p> 	<p>Can you make your own butterfly?</p> 	<p>Make a jar of smiles</p> 

Key links

Read a book: <https://www.youtube.com/watch?v=btFCtMhF3il>

Visit the Butterfly Garden in Australia: <https://www.mangolinkcam.com/webcams/insects/butterflies-melbourne.html>

Visit Jess and find out more about butterflies : <https://www.youtube.com/watch?v=FUEu4moxzM>

Can you dance like a butterfly ? <https://www.bbc.co.uk/cbeebies/watch/tortoise-hare-butterfly-dance>

Can you make your own butterfly ? <https://www.bbc.co.uk/cbeebies/makes/tree-fu-tom-makes-puppet-butterflies>

Make a Jar of Smiles <https://activities.girlsfriendlysociety.org.uk/a-jar-of-smiles/>

Stress, sadness and frustration are very real feelings that everyone has sometimes. It's ok to feel this way sometimes, especially when things are difficult. But there are things you can do to help yourself feel better when things are troubling you.

1. Talk about it – telling an adult, a friend, or anyone who cares about you, how you feel is important. It means that others can help you. Maybe you'll find out that other people feel the same way. Often, just saying what's on your mind helps you feel better – almost like magic!
2. Focus on something else – if we are feeling negative emotions, doing something we like, or telling ourselves something more positive can sometimes help us feel a bit better. It's important to be kind to ourselves when we are having a difficult time.

Why not swap your worries for a jar full of smiles? Follow the instructions below:

1. Cut up up slips of paper that you can write on. On each slip, write something that you like to do at home, or something that you would say to yourself to make yourself feel better. you can colour the pieces in with bright colours that make you feel happy. Fold all of the pieces of paper up small and put them into one of the jars. Label this jar your 'Jar of Smiles' .



Here are some ideas you could use for a jar of smiles – we're sure you can come up with lots more!

- Practice cartwheels

- Dance to a fun song
- Have a bath with lots of bubbles
- Sing your favourite song really loudly
- Call someone you miss on the phone
- Watch a movie in your pyjamas
- Play a board game
- Make up a new story about your favourite book or tv character Put on your favourite outfit and have a fashion show
- Do ten star jumps
- Take some slow deep breathes and picture something that makes you happy
- “I know I am brave because I ...”
- “I have been tough before when...”
- “I know this feeling will end like when...”

2. Label the other jar your ‘Worry Jar’, and tell a trusted grown-up about it – if worries do arise, they can help you to talk them through.
3. The next time you are feeling worried, sad, frustrated or angry, write down how you are feeling and why. Then, fold up the paper and put it into your jar of worries.
4. Now that you have put your worry away for now, you can take a slip from your ‘Jar of Smiles’. Focusing on something to make you smile can help you to put your worry aside and have a better day.
5. Remember to ask a trusted grown-up to look through your jar of worries with you at a time that’s right for you both. You might find that your worry doesn’t feel so worrying any more, once you have talked it through together.

A note for grown ups

Take the time to look at the slips of paper in the jar of worries regularly, and talk through the worries together. If something comes out of the jar of smiles that isn’t possible at that time (e.g. ‘watch a movie’ when it’s 5 minutes before bedtime!) then agree a time when it can happen. Having something to look forward to is also a good way to refocus on the positive.

Read a book: www.getepic.com/students Class code: bev0032

If you don't have a laptop or an iPad at home, you can download the 'Epic' app onto your smart phone. Enter your class code then find your name. Click on 'Mailbox' to read the eBooks your teacher has set you. Enjoy!

Read a book: <https://www.oxfordowl.co.uk/> Click 'My class login' - Username: reception kimberley OR reception monica - Password: Brett

Phonics

Lorraine's Phonics group

Using a scarf :

<https://www.youtube.com/watch?v=MHungfIILkQ>

Can you listen and say these sounds:

<https://www.youtube.com/watch?v=daOv3apd78s>

Can you create some BIG marks on a page.

Can you create some small mark on a page.

Monica's Phonics Group

Using these logon details go to Phonics play comics

Username: **march20** Password: **home**

Start by reading the comic 'Sit '

https://phonicsplaycomics.co.uk/comic_ph2_sit.html

Sing the tricky word song:

<https://www.youtube.com/watch?v=TvMyssfAUx0>

Read through your phonics card.

Then watch this Mr Thorne clip : <https://www.youtube.com/watch?v=C69V6GtdT7Y>

Can you practise writing the sound 'h': <https://www.youtube.com/watch?v=c5O-WtwwRfc>

See how many things you can find that start with the 'h' sound?

Can you make labels for these pictures :



Kimberley's Phonics group

Follow the link below to access ICT Games - 'Tell a T-Rex'.

<https://www.ictgames.com/mobilePage/tellATRex/index.html>

Click the 'CVC' box. Support your child in reading the questions and give them a tick when they get in correct. For each tick, the t-rex will get some tasty food!

Get children to point and say sounds on the sound sheet that was sent home. These are all of Phase 2 sounds and some of phase 3 (up to

igh). You can also find these in the 'Phonics - Family Learning' document and as an attachment to the email sent.

Encourage children to read and spell these phase 3 words.

rain	deep	tight
bait	keep	tonight
cheep	sheet	thing

Watch the 'l' sound video and support your child in writing the 'l' sound in pre-cursive handwriting:

<https://www.youtube.com/watch?v=W55kiMs2454>

Encourage children to make their own words in pre-cursive handwriting, which include the 'l' sound. For example: lid, leg, lion, lemon, lift, light.

Watch the phase 3 tricky words song <https://www.youtube.com/watch?v=R087lYrRpgY>

Encourage children to read the phase 3 tricky words:

he	she	we	me
be	was	my	you
her	they	all	are