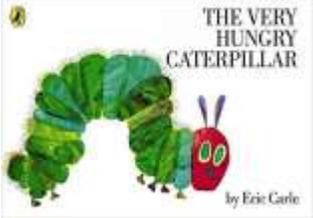
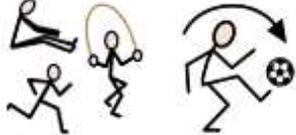


Wednesday 3rd June 2020

Nursery Homeworking Tasks

Good morning Nursery Class! There are some ideas below for today's learning. Create a rainbow of colours today and complete this fun and exciting science activity! Why not also make a bottle top picture using lids from empty bottles, write the letters of your name on each lid and stick them onto some paper to make this great caterpillar like picture! Scroll down to find the links. Have fun! From Abi

<p>Create a rainbow of colours</p> 	<p>Explore patterns</p> 	<p>Sing the Caterpillar song</p> 	<p>Take some mindful steps</p> 
<p>Read 'The Very Hungry Caterpillar' by Eric Carle</p> 	<p>Play a phonics game</p> 	<p>Make a bottle top picture</p> 	<p>So some daily exercise, practise your ball skills</p> 

Key links

Create a rainbow of colours https://www.britishscienceweek.org/app/uploads/2020/01/BSA_BSW_EarlyYears_1119v6.pdf

In this activity, children will celebrate the diversity of our environment and will create a rainbow of the colours that they can see around them.

You will need:

Colour-collecting palettes – ideally one between two

Coloured pens (red, orange, yellow, green, blue, purple)

Double-sided tape

Use a long white strip of paper divided up into 6 sections to represent a simple rainbow.

Instructions

Mark each section of the white paper strips with a coloured dot (red, orange, yellow, green, blue, purple) or you could let children do this after their discussion. Alternatively you can use a plate-sized circle of just one of these colours so that they focus on one colour.

You need to cover the palette with small pieces of double-sided tape. This is where they are going to stick their rainbow samples.

- 1 Choose somewhere for children to look for colour. The activity can take place in any location - ideally outside. It does not need a flowerfilled garden or to be out in the countryside.
- 2 This activity helps children to be more aware of colour in their natural environment. Ultimately the activity should focus on natural materials, such as plants, but you can choose to let them add other materials to their palette as well.
- 3 Hand out the colour-collecting palettes.
- 4 Tell the children about going to look for the rainbow. Make it sound like an exciting adventure. Show them examples of the things to collect e.g. bits of flowers and leaves.
- 6 When they return they can share what they have found and create a rainbow by putting their palettes together. These can then be put on display.

Think and talk about:

Have you seen a rainbow? Which colours did you see? Do you think that you can find all the colours of the rainbow?

Watch out!

Remind children that they must stay near their helper.

Children must wash their hands thoroughly after this activity.

Check the area for plants with toxic seeds or plants that might cause irritation.

Explore patterns

You will need:

Any objects you can find in your home - spoons, buttons, toys, pegs, pens, tissues paper rolled into small balls, even cereal!

Patterns with cereal and tissue paper

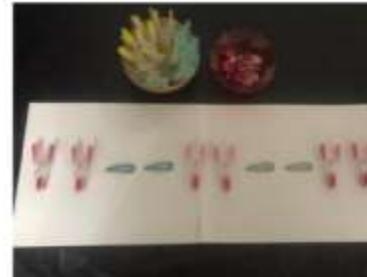


You can use your tissue paper balls again to make a different pattern.

You will also need some cereal.

Cereal, cereal, cereal, tissue paper, cereal, cereal, cereal, tissue paper, cereal, cereal, cereal, tissue paper...

Patterns with hair clips and pegs



You will need pegs and hair clips.

If you don't have hair clips, you can use something else instead.

Peg, peg, hair clip, hair clip, peg, peg, hair clip, hair clip...

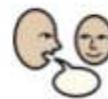
Patterns with spoons, buttons and pegs



You will need spoons, buttons and pegs.
Spoon, spoon, button, peg, peg, spoon, spoon, button, peg, peg...

What is different about this pattern? Talk to an adult at home.

Talk to your adult



Which pattern did you prefer making and why?

Would you like to make up your own pattern? What could you use? Maybe you could use some ideas from our book, *The Very Hungry Caterpillar*.



Sing the Caterpillar song

Sing and learn this song about caterpillars!

<https://www.youtube.com/watch?v=JOlbSE0CmNM>

Take some mindful steps <https://www.teachstarter.com/gb/blog/classroom-mindfulness-activities-for-children-gb/>

This activity is best completed outdoors and if suitable, children may like to walk barefoot. Give children a clear boundary for where they can walk during this activity.

Select a small area where you can walk in a line for about 5 or 6 steps and back then back to where you started without getting into another person's way. Begin this practice with three deep breaths.

Take 5 or 6 steps in one direction, turn slowly and then take 5 or 6 steps back to where you started.

While walking, children bring their awareness to their breath and their body.

- What does the ground feel like under your feet?
- Which part of your foot touches the ground first when you take a step?
- Does your body feel heavy or light today?
- Are you slouching when you walk?
- Or, is your back up quite straight?
- Try not to change the way you walk, but instead just notice how your body naturally moves.

Read A Book

Today's book is The Very Hungry Caterpillar by Eric Carle.

You can find an online version here read by the author himself:

<https://www.youtube.com/watch?v=vkYmvxPOAJI>



You can also choose a different book to read here: www.getepic.com/students . Log in with the code to the left.

If you don't have a laptop or an iPad at home, you can download the 'Epic' app onto your smart phone. Enter your class code then find your name. Click on 'Mailbox' to read the eBooks your teacher has set you.

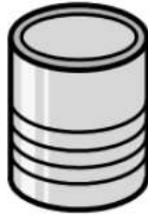
Phonics

With your grown up draw some pictures of the following things on small pieces of paper:

tap



tin



tug



tail



Once you have done this you can play this game with your grown up:

Your grown up can choose a picture in their mind and can segment (sound out) the word:

t-a-p

t-i-n

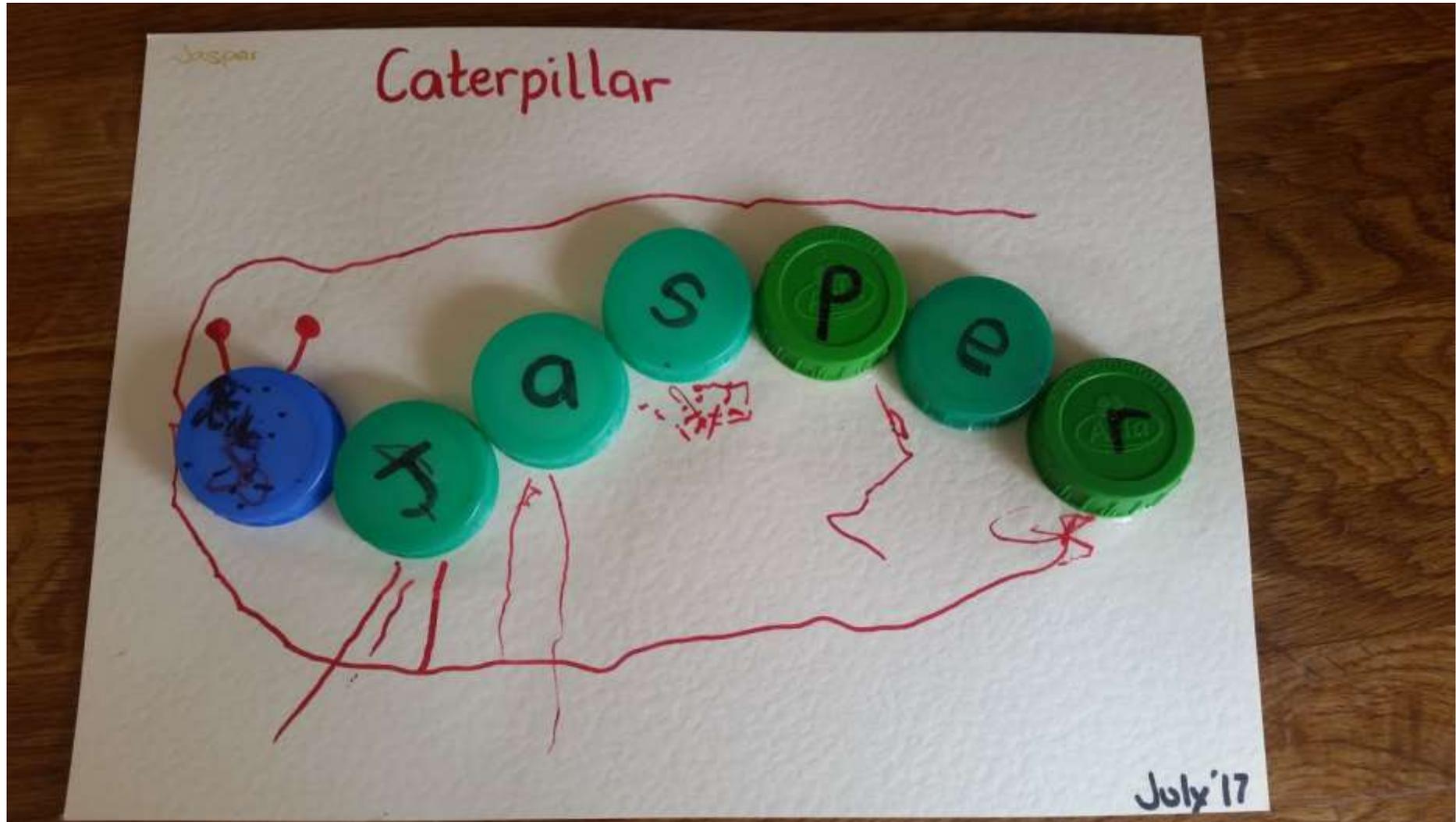
t-u-g

t-ai-l

Can you guess which picture your grown up is asking for by blending the sounds (putting them together)?

Make a bottle top picture

Count the letters in your name. Can you find that amount of empty bottle lids? Once you have done this use the lids to make a bottle top picture that looks like a very hungry caterpillar!



Do some daily exercise

Play a game of throwing and catching in the park with your grown up.

Throwing develops in the following stages:

- over and down (one hand)
- two-handed underhand
- one-handed underhand
- one-handed overhand.
-

Encourage two-handed underhand throwing in the early stages, before moving on to throwing objects up in the air and watching them drop. The next stage is to get children to aim at something, you could put out a bowl or bucket and encourage your child to practice throwing the ball into the bucket. Also practice throwing up into the air, how high can the ball go, practice throwing as far as you can, who can throw the ball the furthest,

Exercise is a great way to keep your body and mind healthy and can really help with lifting your mood. Try some fun exercise from dancing with Oti Mabuse to workouts with Joe Wicks everyday at 9am.

Joe Wicks' PE Workouts - daily at 9am

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Free dance classes with Oti Mabuse live everyday at 11am

<https://www.youtube.com/watch?v=MCeo6Q3p7Mc>

Have a great day!

From Abi