

Wednesday 3rd June 2020
Good Morning Year 1
Here are your activities for today

P.E.: <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Reading: <https://www.getepic.com/app/read/43465>

Phonics: Today you will be learning the alternative spelling for **ur**.
<https://www.youtube.com/watch?v=WZ94y8RSD1Y> Write down as many words with the **ear** spelling. Write 3 sentences using these words.

English: <https://www.bbc.co.uk/bitesize/articles/zv78jyv> Using capital letters and full stops.

Mathematics:

<https://www.bbc.co.uk/bitesize/topics/zjv39j6/articles/ztpwdmn> 2D shapes.

Now circle the correct answer below?

What shape doesn't have corners?

- circle
- triangle
- square

Are 2D shapes flat?

- some
- yes
- no

What do most 2D shapes have?

- corners and sides
- corners but no sides
- sides but no corners

Which shape has 2 short sides and 2 long sides?

triangle
rectangle
square

How many sides does an octagon have?

5
6
8

Topic: <https://www.bbc.co.uk/bitesize/clips/z3n2tfr> Five types of food.
<https://www.bbc.co.uk/bitesize/clips/z43hfg8>

A balanced diet consists of the 5 food groups:

- Fruit and vegetables.
- Carbohydrates.
- Fats and oils.
- Dairy produce.
- Protein.

Parents: The food we eat can be divided into five main groups, and each is important for a balanced diet. Help your child by talking to your child about the foods you eat as a family and where these fit into the five groups. You could also cut out pictures from magazines to add to the groups or draw pictures.

There is also sixth food group, foods that are high in sugar, salt or fat. Talk about the effects of eating too much of these types of food and how they can have a negative effect on the health of our heart and our teeth. Remember, it's sensible to encourage your child to understand that no food is 'bad' and that it's ok to have fatty and sugary foods occasionally. Everything in moderation!

Food Groups Matching Game



Story time: <https://www.getepic.com/app/read/58719>