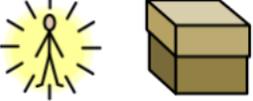
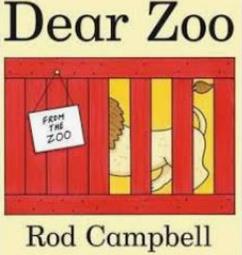


Wednesday 6th May 2020

Nursery Homeworking Tasks

Good morning Nursery Class! Here are the Nursery homeworking tasks for today. I hope you enjoyed visiting Edinburgh Zoo yesterday. Today, why not take another trip and watch a different animal cam. You could also add to your 'Well Being Box' you started to make. You could also help your grown ups to make lunch today and enjoy eating it by having an indoor picnic with your toys. There are some ideas below. Scroll down to find the links. I hope you enjoy your day! From Abi

<p>Help your grown up to make a healthy lunch</p> 	<p>Have an indoor picnic with your toys and enjoy eating your healthy lunch that you made</p> 	<p>Visit Edinburgh Zoo online and watch the live penguin cam!</p> 	<p>Carry on building and adding to your 'Well-being Box'</p> 
<p>Read Dear Zoo by Rod Campbell</p> 	<p>Can you think of some animals that live in the zoo that begin with 'e'?</p> 	<p>Sing Nursery Rhyme of the Week 'We're Going to the Zoo'</p> 	<p>Do some daily exercise</p> 

Key links

Help to make a healthy lunch

Help your grown up to make a healthy lunch today. Here are some simple recipes and ideas you could try.

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>



**Cheesy coleslaw with
wholemeal pitta**



Hummus and salad wrap



**Spicy chicken and salad
wrap**

Have an indoor picnic with your toys

After you have made your healthy lunch why not share it with your toys? You can make an indoor picnic with your toys and your family can join in. Grown ups can help you to develop your language and communication skills by eating and playing with you. See the link below.

<https://www.bbc.co.uk/tiny-happy-people/teddy-bear-picnic/zhcd8xs>

Visit Edinburgh Zoo online

Take a trip to Edinburgh Zoo online. The zoo is offering free virtual access where you can watch live animal cams. Watch the penguins in their enclosure. Talk about what they look like and what they are doing. Where do penguins live in the wild? What is it like there?

<https://www.edinburghzoo.org.uk/webcams/penguin-cam/#penguincam>

Sing A Nursery Rhyme

This week's Nursery Rhyme is 'We're Going to the Zoo.' Can you learn the words to the song and sing them with your family? Here is a link below which will take you to the song so you can listen to it and learn the words.

<https://www.youtube.com/watch?v=6xAqZJNrF2s>

Build a 'Well Being Box'

Continue to make your 'Well Being Box' with your family. Write a positive message that makes you feel good and put it in the box. Collect something that is important to you and makes you feel happy or relaxed. This could be a special toy, something from a favourite memory, something that helps you to relax, or something that makes you laugh. Place it in the box. Share it with your family. You can add to the box throughout the week and use it to cheer you up.

<https://www.scouts.org.uk/activities/build-a-wellbeing-box/>

Read A Book

Today's book is Dear Zoo by Rod Campbell. Follow the link below where you can listen to it being read by the author Rod Campbell. If you have any toy animals you can bring them along to listen to the story. See if you can match the toy animals to those in the story. What noises do the animals make? See if you can make the noises together.

<https://youtu.be/rudDGRQ9QGA>

Do some daily exercise

Exercise is a great way to keep your body and mind healthy and can really help with lifting your mood. Try some fun exercise from dancing with Oti Mabuse to workouts with Joe Wicks everyday at 9am.

Joe Wicks' PE Workouts - daily at 9am

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Free dance classes with Oti Mabuse live everyday at 11am

<https://www.youtube.com/watch?v=MCeo6Q3p7Mc>

Have a great day!

Abi